



Indoor Cycling Class Schedule

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Adult Susanne 5:30-6:15am		Adult Tim 5:30-6:15am		Adult Susanne 5:30-6:15am		
	Adult Lynn 8:30-9:30am		Adult Heather 8:30-9:30am			
					Adult Debbie 8:15-9:00am	
40+ and Fabulous Jenny 4:30-5:00pm (begins 9-13)	Family Bonita 4:00-4:30pm	40+ and Fabulous Jenny 4:30-5:00pm (begins 9-13)	Family Bonita 4:00-4:30pm			
Family Debbie 5:00-5:30pm						
Adult Jennifer 6:00-6:45pm	Adult Dax 6:00-6:45pm	Adult Jennifer 6:00-6:45pm	Adult Heather 6:00-6:45 pm			

Effective 8-30-10