



YMCA Trot for the Troops!

5K /10K Road Race & 1 Mile Fun Run

Certified Course with Electronic Tag Timing

Saturday, September 18, 2010



Register online at active.com or at the Hopkinsville YMCA

Race Day Registration begins at 6:30 am at the Hopkinsville YMCA.

5K run begins at 7:45 am and the 10K run begins at 8:45 am. 1 Mile Fun Run begins at 10:00 am.

Childcare: Free during run from 7:00 am – 10:30 am - reservations required.
Nursery (6 weeks – 3 year olds) and Kids Corner (ages 4-9 years old) opens at 7:30 am.

Entry: 1 Mile Family Fun Run before August 27 - \$10.00, after August 27- \$12.00, day of race- \$15.00
5K Road Race before August 27 - \$20.00, after August 27- \$25.00, day of race- \$28.00
10K Road Race before August 27 - \$ 20.00, after August 27 - \$25.00, day of race- \$28.00

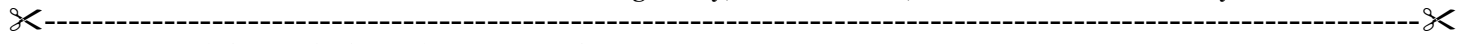
Receive \$5 off registration for two or more races per participant.

(ACTIVE MILITARY & IMMEDIATE FAMILY RECEIVES \$5 OFF REGISTRATION)
There is a \$10 maximum discount per military participant.

Proceeds fund the YMCA Scholarship Program.
The YMCA is a member of the Christian County United Way.

All participants will receive a race t-shirt. Winners will be recognized following 1 Mile Fun Run.
No prize money awarded.

Certified Course: 1 Mile Family Fun Run - the perimeter of YMCA
5K Road Race - includes Eagle Way, and a turn around on Cox Mill Road
10K Road Race - includes Eagle Way, Cox Mill Road, and a turn around on Gary Lane



Age Groups: (Please circle one) 14 & under 15-19 20-29 30-39 40-49 50-59 60 & over

Course: (Please circle one) 1 Mile Family Fun Run 5K Road Race 10K Road Race

Please print required information below.

Name _____ Age on Race Date _____ Gender _____

Address _____ E-Mail Address (will not be sold) _____

City _____ State _____ Zip _____ Phone _____

Staff Initials: _____
Date: _____
Amt. pd. _____
Cash _____
Check # _____
Credit _____
Rec # _____

Please Circle Your Event Choice, T-Shirt Size, and Childcare Needs:

5K Run One Mile Run/Walk 10K Run T-shirt Size: YM YL AS AM AL XL XXL

➔ I will need childcare during the run. A reservation is required for childcare. Yes No

➔ Please indicate area of need: Nursery (6 weeks – 3 year olds) or Kid's Corner (4-9 years old)

If you have a special service member that you would like to run in honor or memory of please share their name with us, so that we can acknowledge their accomplishments. _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the conditions of the road all risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of your accepting my entry, I, for myself and entitled to act on my behalf, waive and release Hopkinsville Christian County Family YMCA, City/County of Hopkinsville, State of Kentucky, Christian County Board of Education and all other sponsors, their representatives and successors from all claims or liabilities of any kind rising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, or any other record of this event for a legitimate purpose.

Photo Release: I HEREBY CONSENT to the use, publication and display, in whole or in part, by or on behalf of HOPKINSVILLE CHRISTIAN COUNTY FAMILY YMCA and its agents and assignees, including, but not limited to KENTUCKY NEW ERA, TV 43 and HOPKINSVILLE CHRISTIAN COUNTY FAMILY YMCA, of any film, video tapes or photographs in which I or my minor child may be portrayed or identified. I waive all claims for any compensation for such use. I understand that permission is given for a one-time use only and that HOPKINSVILLE CHRISTIAN COUNTY FAMILY YMCA will be credited for the photograph(S). I waive all rights to inspect and/or approve any of the printed matter that may be used in conjunction with the photograph(S) and the use to which it/they may be put.

Signature (Parent must sign for participant under 18) _____ Date _____

Please return entry form and entry fee to: YMCA Run, 7805 Eagle Way, Hopkinsville, KY 42240.

Registration forms can also be found on our website: www.hopkinsvilleymca.org
Make checks payable to YMCA. 270.887.5382.