

Hopkinsville/Christian County Family

2025 Swim Lesson FAQs:

1) What does my swimmer require for lessons?

Your swimmer will need a swimsuit and a towel. Goggles are recommended but not required. All other items your instructor will provide. Recommended goggles with clear lens and not colored as it is easier to see under the water for new swimmers.

2) What should we expect on Day 1?

Please make sure that all swimmers come dressed and ready to get in the water at least 5 minutes before their class start time. When you enter the facility please stop by the Welcome Center to check-in, staff will help you find the locker rooms if you need assistance.

The instructors will evaluate the participants' swimming ability during the first class. If the participant needs to move up or down a level the instructor will notify the supervisor. We will work with the parent/guardian to change to the appropriate class if it is available.

3) Can I stay to watch lessons?

Yes. All parents/guardians are welcome to watch the swim lessons, though we ask all spectators to stay on the perimeter of the facility and off the pool deck. This will help minimize distractions for both the swimmers and instructors, allowing success in the delivery of instructions/learning process and prioritizing safety of all participants.

4) Are there locker rooms available for changing?

Yes. There are locker rooms located outside specifically for the pool facility, these will be available prior to and after lessons for changing purposes.

5) Will my swimmer receive a certificate?

Yes! Each swimmer receives a Certificate of Achievement during the last lesson. It will give you information on what was accomplished in the session and what stage to register your swimmer in next. Skills are evaluated periodically throughout the session, as we do not have a specific "test" day. If you have any questions, please speak with your instructor. They will be able to provide feedback through the session.

6) When will my swimmer progress in level?

Children progress at their own speed, and it is common for a swimmer to remain at the same level for a complete year of classes, even with perfect attendance.

A child's self-esteem and confidence, as well as skill and strength development are all important aspects determining the progression to the next level.



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If there are concerns or questions the instructor will be glad to talk briefly before or after class.

7) Will there be make-up classes due missed class or weather cancelations?

In the event of conditions outside of the YMCAs control (i.e. inclement weather, pool conditions, etc). **ONE make-up day will be added PER SESSION.**

Time constraints WILL NOT allow days to be made up for participant's personal reasons. There will be NO REFUNDS given.

Make-up lessons will only be held due to facility cancellations, not personal absence, at the Aquatics Director's discretion.

If you have any other questions, or concerns, please feel free to contact us:

Phone: 270.887.5382

Email: aquatics@hopkinsvillemca.org